

## What to expect from our service and an initial visit from the Occupational Therapist

Thank you for connecting with Melbourne Occupational Therapy Services. The below information highlights the steps we need to take, so that we can help you.

- Initial Visit The Occupational Therapist (OT) will come to your home to discuss the specific goals you would like to achieve. We will establish the steps required to achieve your OT goals. We need to discuss your NDIS funding package, so we can prioritise your goals to match with your available NDIS funding. The first meeting usually takes around 2 hours face to face, but please allow 5 hours from your NDIS budget. This includes travel, initial visit, liaison with suppliers/contractors/ coordinators/participant and an OT-Plan.
  - The OT-Plan will detail the additional hours required to achieve your prioritised goals.

The Initial Visit will not include detailed evaluation or therapy. These will be addressed if required, at future meetings based on your goals.

- 2. Trials and NDIS Applications Although you have NDIS funding, the NDIS still requires the OT to assess and often trial AT-Equipment, modifications or alternate techniques. More than one trial is often required. Following successful trial, the OT will need to provide the NDIS with a detailed application that includes clinical reasoning about why you need the item or service. These NDIS applications are completed at the OT's office, are extensive and can take several hours for the OT to complete.
- 3. Following Submission of your NDIS Application Once the OT has submitted your NDIS application, it can sometimes take several months to hear if the application is approved. The OT CANNOT speed-up the time it takes for the NDIS to process your application. The NDIS will ONLY fund what the NDIS deems 'fair and reasonable'.

## **PLEASE NOTE:**

Most of the work we complete for you is 'behind-the-scenes' office-based work and not face-to-face. We will invoice for all participant related work. This may include: Researching AT-equipment, liaising with co-ordinators and suppliers, participant communication, scheduling and completing documentation required for NDIS applications.

If you require further information, please feel free to visit our website

www.melbourneotservices.com.au or contact us via reception@melbourneotservices.com.au